



2023 TRYON FOREST ADVENTURES COVID-19/ RSV POLICY & GUIDELINES

With the help and safety for our participants, volunteer and friends in mind, Friends of Tryon Creek (FOTC) has created a procedural policy to mitigate the risk of Covid-19 exposure. Our policy was designed through research of CDC recommendations, and we are adhering to the guidelines of the Oregon Health Authority (OHA).

FOTC recognizes that we cannot eliminate risk entirely, however, by practicing proper procedures and guidelines we can reduce our risk of transmission and exposure. We ask families and participants to make their own choices regarding acceptable risk. Please note that this policy may change due to new recommendations from the CDC and OHA. As statewide policies change, we will update our policy to reflect those changes and to keep campers and parents informed.

Before the Program Starts

All participants will receive via email and required to sign the following forms:

- Emergency Contact Information Form
- Covid -19 Liability and Medical Consent Waiver
- Medical Authorization Form

Daily Health Check & Exclusion

Guardians of participations must sign a Daily Health Check Acknowledgement to report any Covid-19 symptoms or exposure to all individuals with Covid-19 symptoms.

Symptoms include: fever higher than 100.4, chills, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion, nausea/vomiting, diarrhea.

All individuals will monitor for symptoms, including taking temperatures, 24 hours prior to the start of their program and throughout the length of program. **Any symptomatic, feverish or positive tested participants will need to be canceled from attending the program.** Contact program staff at **(503) 707-0256**.

Symptoms, Positive Tests and Notifications

If symptoms arise when participants are in the program, staff will isolate the individual and remain with them while their parent/guardians are contacted. If the participant tests positive, they will need to stay home 5 days from the date of the test and test negative before returning.

If any participant tests positive up to 5 days after attending the program session, we ask parent/guardians to please let us know. If any staff person tests positive, they will not return to the program for 5 day and need

to test negative before returning.

If either of these scenarios occurs, FOTC will inform all participants in that session that they may have come in contact with an individual who has tested positive for Covid-19. The name of the symptomatic person will not be shared. Cancellation and refund options are available and will be determined on a case by case basis.

Program Procedures & Protocols

Due to the increased risk of RSV amongst kids, the Friends of Tryon Creek are requiring that all campers wear a mask when they are indoors.

The following guidelines are the standard procedures recommended by CDC and OHA to help reduce the risk of transmission and infection. The guidelines will be adhered to at all times throughout the program day.

Group Sizes/Drop off/Pick Up

- No more than 70 students per session.
- 10-15 participants per 2 instructor and support staff.
- Staggered drop off times limit large group gatherings.

Mask Recommendations

- Guardians at drop off and pick up are encouraged to wear masks.
- Staff and instructors are required to wear properly fitted masks indoors.
- Participants are encouraged wear a properly fitted mask indoors.
- Staff will encourage all campers to wear their masks indoors as much as possible.
- Masks are optional when outside unless parents/guardians prefer they keep them on. We support parental decisions to keep masks on always.
- During snack/water/lunch/mask adjustment breaks staff will ensure that students are spread out from each other.

Indoor and Outdoor Locations

- Programs will be split 60% indoors and 40% outdoors during the winter season.
- Group sizes will be limited when inside.
- Staff and instructors will maintain a clean indoor space.

If you have any questions about the above policies, please contact **Education Programs Manager Jonathan Hayden at (503) 707-0256 or adventures@tryonfriends.org**

